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REPORT

ON

Theatre Arts Certificate Course

In Collaboration with Helan O' Grady International Creative Education Academy

ACTIVITY : Certificate Course Theatre Arts

DATE : 14th July 2025 - 18th September 2025

Organized by: Dept. of Mass Communication & Journalism with PUSH

Number of students enrolled : I BA 49 students

Objective of the Course :

- To enhance students' communication, confidence, and creative expression through experiential Learning for the Holistic Development.
- To equip students with performance and collaborative skills that can be applied in media, journalism, and related fields.



Outcomes of the Certificate Course :

- Through Dynamic Theatre Arts students will learn about Self-expression & Confidence.
- They cultivate leadership, collaboration, empathy, resilience, and emotional intelligence.
- Theatre Arts enhances body language, vocal presence, public speaking, and interpersonal effectiveness.
- Critical Thinking & Problem-Solving skills through Real-world simulations build creativity, adaptability, and problem-solving skills.

The Department of Mass Communication & Journalism with PUSH offered a Theatre Arts Certificate Course in collaboration with the Helen O' Grady International Creative Education Academy, for the First-Year B.A. students. The Course was conducted from **14th July 2025 to 18th September 2025**, comprising **20 sessions** with a total of **30 instructional hours**.This course was designed to enhance students' creativity, confidence, and communication skills through theatre-based learning and performance activities.

The certificate course commenced on **14th July 2025** with an **Orientation Session**, which introduced students to the objectives of the programme. A total of **49 students** enrolled in the course. The sessions were systematically scheduled twice a week (Mondays and Tuesdays), each session lasting for one hour.

The sessions were facilitated by professional trainers **Mr. Osman Shaikh** and **Mr. Naveen Panidepu**, who employed interactive pedagogy including voice modulation, role plays, improvisation, and stage performance techniques.

The course was divided into two phases:

1. **Skill-Building Phase (First 10 Days):** Focused on activities such as role plays, improvisation, and public speaking.
   Incorporated diverse methodologies including: The Helen O' Grady Methodology and also Augusto Boal's *Theatre of the Oppressed and* Stanislavski's System of Realistic Performance and Meisner's Improvisation and Repetition Exercises

2. **Performance Preparation Phase (Last 10 Days):** Dedicated to script practice, character building, and group rehearsals.Students applied the acquired techniques to develop and rehearse theatrical performances.

The course culminated on **18th September 2025** with a **Valedictory Programme**, where the students presented two creative theatrical performances "**The Unmasking of Macbeth"** – A modern adaptation inspired by Shakespeare's classic tragedy and "**The League of Freaky Creatures"** – An imaginative play showcasing teamwork, creative expression, and stage presence.

The Unmasking of Macbeth is a **modern adaptation** inspired by William Shakespeare's classic tragedy, *Macbeth*. This performance reimagines the timeless story of ambition, power, and moral conflict in a contemporary setting, while retaining the essence of Shakespeare's narrative and themes. Through this adaptation, the students explored complex characters, psychological depth,

and moral dilemmas, Formations. The play emphasized the **internal struggles of the protagonist**, the consequences of unchecked ambition, and the ethical challenges faced by individuals in pursuit of power.

The League of Freaky Creatures is an **imaginative and original theatrical performance** created and performed by the students, showcasing their creativity, teamwork, and mastery of stagecraft. Unlike traditional narratives, this play celebrated **fantasy, expression, and collaboration**, inviting the audience into a world where extraordinary characters like Zombies, Wolf Women, Frankenstein, Shape shifters, Jr. Dracula and Sr. Dracula comes together to discuss the crisis which they are facing. All the creatures expressed their despair through a Rap session individually. Inspector Mr. Vanhelsing was in disguise observing all their moments but to his surprise he forgot that they were all freaky creatures and to his shock in the end they all turned him also as a Zombie and made him also a part of Freaky Creatures. Students have enjoyed playing these characters they enacted and they also made the formations resemblances of a moving High speed Car and Fire Fighters for helping others.

The performances incorporated innovative elements such as **modern dialogue, contemporary costumes, make up** making the story relatable to today's audience. Students demonstrated mastery in **voice modulation, emotional expressions, and stage presence**, portraying the transformation of characters with clarity and intensity. Both performances reflected the skills gained during the course and were highly appreciated by the Dignitaries, faculty, Trainers, and audience.

The Valedictory Programme witnessed words of appreciation from the dignitaries. Principal, Sr. Dr. B. Velangini, applauded the students for their excellent performances and highlighted the value of theatre arts in nurturing creativity and developing essential soft skills among learners. Dr. Annie Sunil, Dean of Student Affairs, commended the parody of modern literary plays and acknowledged the effective execution and stage presence displayed by the students. The trainers also praised the participants for their creativity, commitment, and dedication, noting the transformative learning outcomes of the course. Their collective appreciation reflected the success of the programme in achieving its objectives of enhancing student expression, confidence, and collaborative spirit.

Principal Sister awarded to all the participants with the Certificates of Course completion.The programme successfully integrated theatre arts into academic learning, contributing to the overall personality development of the students.

The Department of Mass Communication & Journalism, in collaboration with Helen O' Grady International Creative Education Academy, achieved the objectives of fostering creativity, confidence, and communication among students through this certificate course. The successful completion of the programme stands as a testament to the Department's commitment to Experiential learning and Holistic education.


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Srushti Pokar

has participated in

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offered by **HELEN O'GRADY INTERNATIONAL**

Sessions completed: 20

18-09-2025, Hyderabad
Location & Date

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Konda Nissy Sharon

has participated in

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